

Digital Health Zurich: Collaborative Design and Development of a Patient-Centered App to Enhance Cancer Supportive Care

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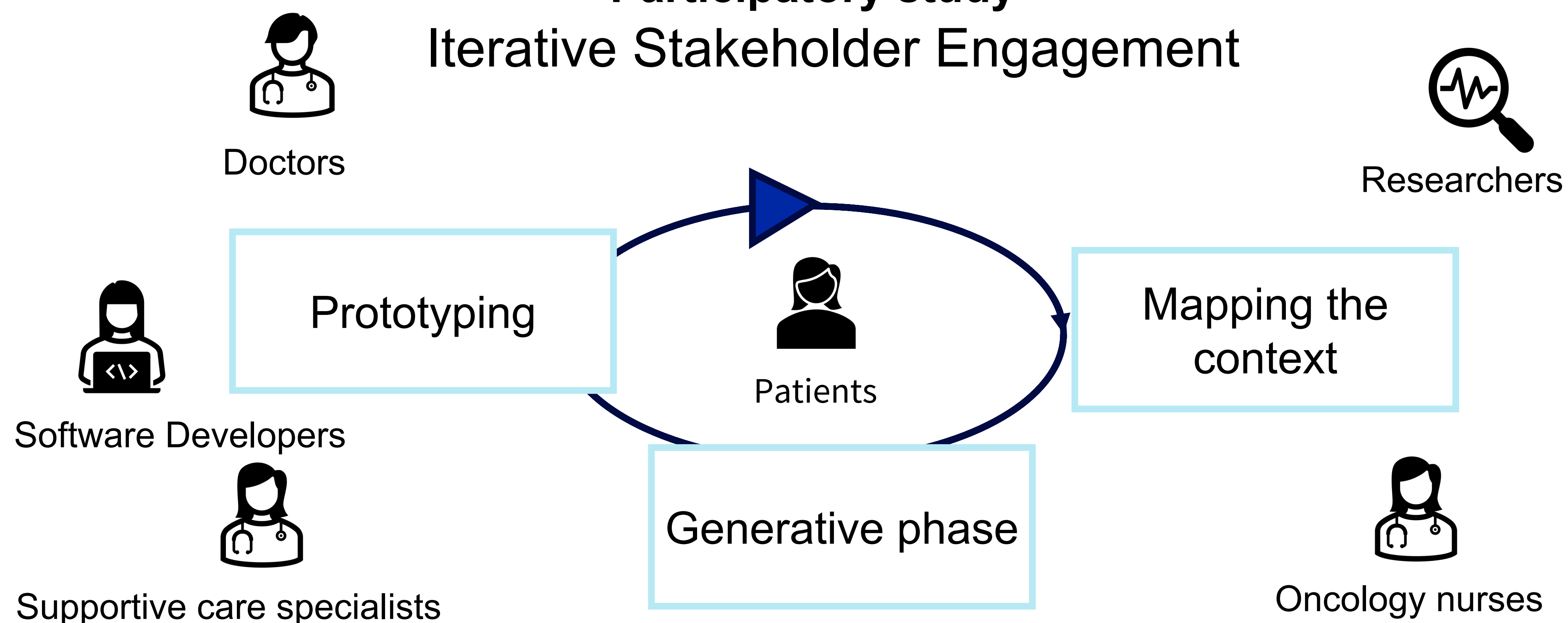
Background

Digital health tools hold promise for improving access to supportive care services, yet few apps have been successfully adopted in clinical practice. This limited adoption is often due to insufficient user involvement and poor integration into clinical workflows.

Aim

This study aims to collaboratively design and develop a digital health app for cancer supportive care, in partnership with healthcare professionals at the University Hospital of Zurich and patients.

Participatory study Iterative Stakeholder Engagement



Methods: Workshops, Focus groups, Individual qualitative interview

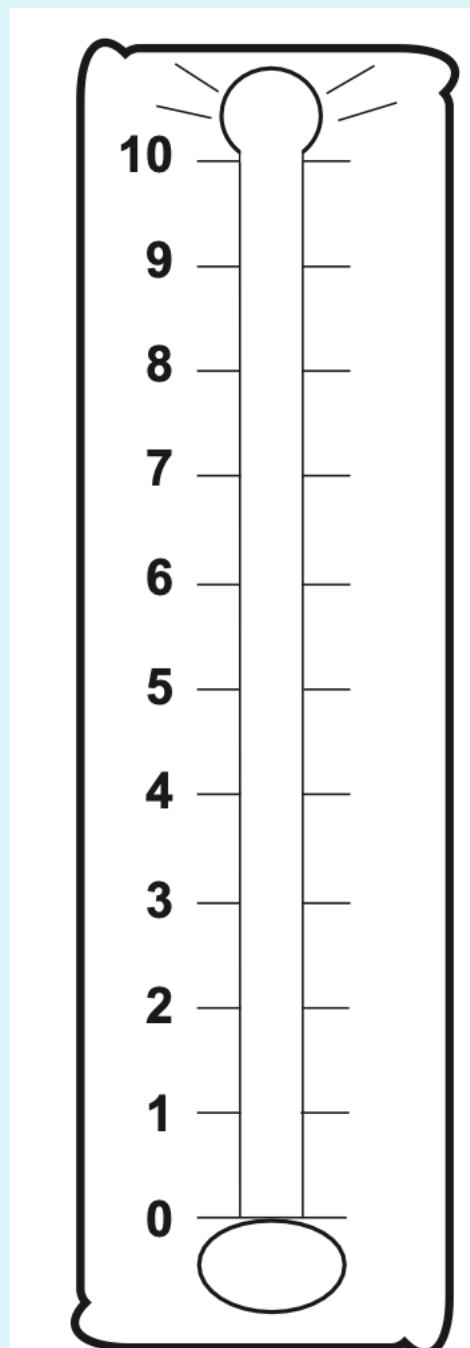
Services

- Psycho-oncology
- Geriatric medicine
- Living Will and Advance Care Planning
- Palliative Care
- Genetic Counseling
- Exercise/Sport program
- Nutrition counseling
- Smoking advice
- Social services
- Pastoral Care
- Beauty workshops
- Nurse counseling
- Complementary medicine

1. Mapping the context

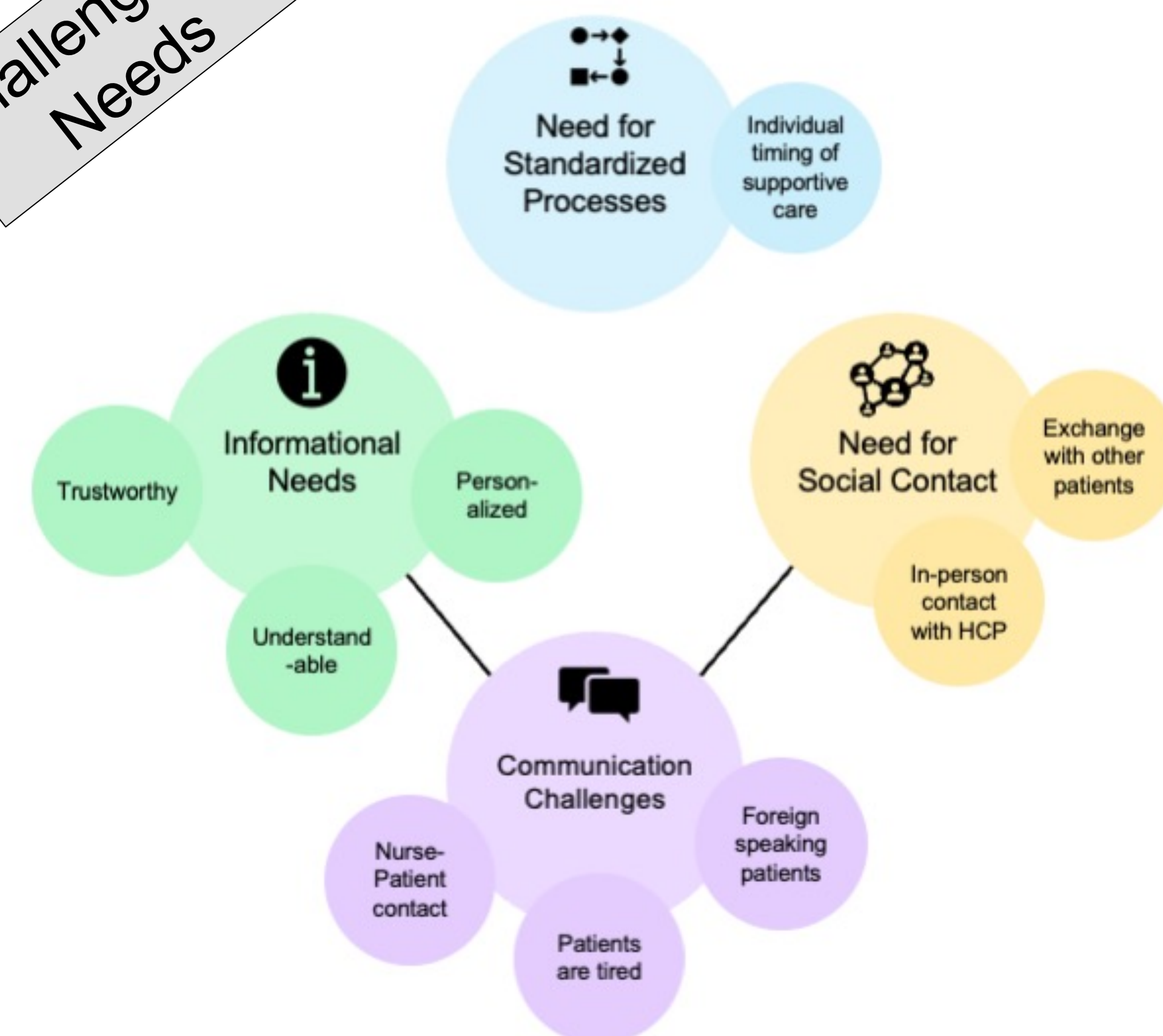
PROMs

Distress Tool
EORTC QLQ C-30



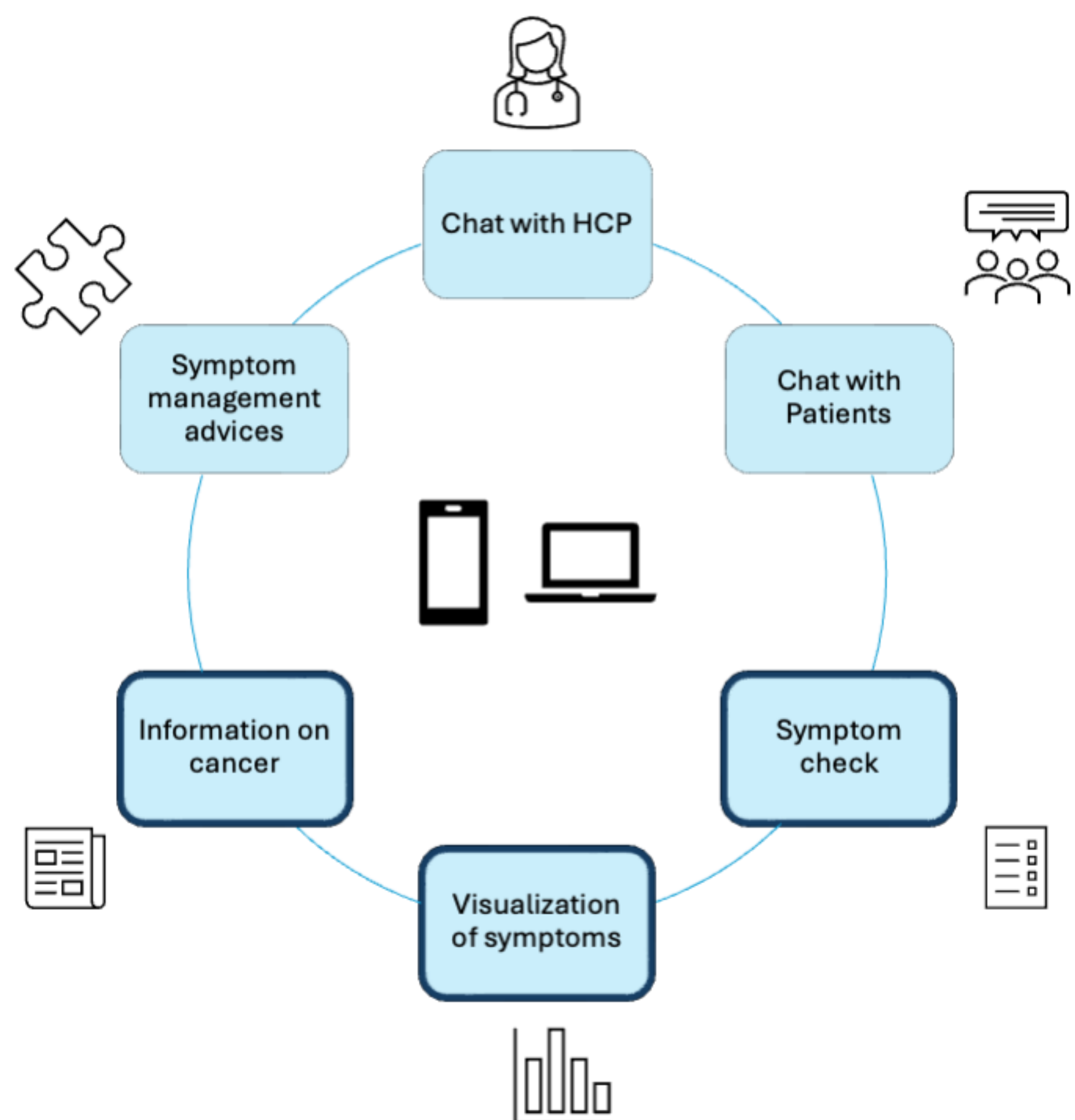
- Pain
- Fatigue
- Sleep
- Nausea
- Short of Breath
- Physical impairment

Challenges & Needs



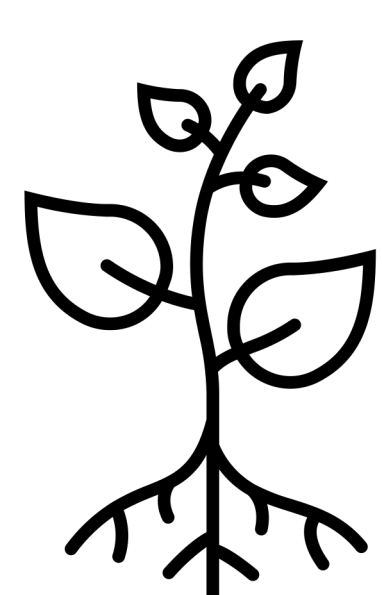
2. Generative Phase

Functionalities



The app is designed to assess PROMs, provide personalized information on services and visualize symptoms.

Rule-based Algorithm: connecting Patient-Reported Outcomes Measures to Services



3. Prototyping

